

MANAGEMENT REPORT

Performance Management Report 1st April to 30th June 2019 Sports Development update



Club and Coach Development

The sports development team supported the production of a leaflet which provides information on behalf of the club members of the Newark and Sherwood Sports Council. This has been extremely well received by local community groups and clubs in the promotion of their summer recruitment events and weekly sessions available.

The Southwell Sports Forum took place on 21st May with a variety of clubs present. Agenda topics included the opportunity for discussion around specific development and guest speakers that are important to the clubs present. This also included the option to jointly host an event with Newark and Sherwood Sports Council, regarding funding for sports clubs through a partner organisation; Koi Sports which will take place on 2nd October.

The grants awarded at the April 2019 panel were 3 talented individuals, a Taekwondo competitor, a javelin thrower and an archer and 2 coach and official development.

VISPA recruitment during the period had six new volunteers, with volunteers being placed at all sites undertaking mainly coaching and leadership duties, to support the current activities.

Inclusion

The first course for referees with disabilities was held on 31 May. This was delivered in partnership with the Nottinghamshire FA and was a huge achievement for the Company; the course was hosted at Southwell Leisure Centre. The attendees will now be deployed to use their new skills and qualifications, at the Nottinghamshire FA 'Want to Play' Festivals.

A Disability Awareness course for staff members was delivered by Pete Collins, an accredited FA tutor on 2nd April 2019. The participants were given an overview of the barriers that may prevent people with a disability, from participating in sport or physical activity; information was also provided to participants, on different disabilities and advice on the best ways of communication. All of the staff members came away with a better understanding, benefitting from the tutors' 15+ years' experience in disability sport.

New sessions at William Gladstone Primary Academy in Newark started on Thursday 9th May. The aim of the sessions are to support Year 6 girls transitioning to Year 7, who have been identified as having additional social or emotional needs. The team has developed a programme of activity, which includes sessions delivered by Everyone Health, with an emphasis on working as a team and how a healthy diet alongside the physical activity, can aid good mental health.

Active Lifestyles

On 14th May a Health and Wellbeing event was held at Dukeries Leisure Centre. This was targeted at older people and people of any age with additional social, physical or mental issues; the aim was to introduce, or reintroduce people to sport or physical activity and give them information about healthy eating. Over 40 people attended aged 8 – 80, participating in activities delivered by A4T, England Netball, Nottingham Forest Community Trust and Everyone Health. Follow up actions have been put in place to try and create regular sessions, tailored to the group that attended.

Weekly physical activity sessions were delivered throughout April and May 2019, to female students from the Dukeries College. The participants were chosen by the College, who currently participate in no physical activity, as part of their weekly routine. Taster sessions of Pilates, yoga, circuit training, Metafit, spinning and gym sessions were delivered and information of existing classes at the Dukeries Leisure Centre were given to the participants, to give them the opportunity to continue participating.

A4T attended a Health Event at Tesco in Ollerton on 12th April, supporting the District Council. Along with Forest View Academy, a 'Rowing Challenge' was organised, where members of the public competed in an 'adults v kids' competition. Engagement and participation numbers were excellent, with a real cross section of the community taking part.

The Sports Development team currently has two vacant posts and this has had an impact on the capacity of the team to proactively develop new opportunities during the first quarter. These are Active Lifestyles Officer and Inclusion and Engagement Officer (Place). These posts are crucial in the delivery of a wide range of activities, specifically around the health and wellbeing agenda, older people's delivery and exercise referral, as well as partnerships with local clubs and facilities.

Both posts are fundamental in the delivery of the Company objectives but also the priorities identified in the Council's Sport and Physical Activity Development Plan, which was approved in 2018. They will be crucial in adding value to the existing team and the ultimate goal of increasing participation in sport and physical activity. Appointments have been made with a start date of 27th August therefore the work streams will increase for quarter 2 onwards.